

## ASSIGNMENT 1: SHOPPING SUSTAINABLY



**TIP:**

A teacher can do this assignment with students before a class trip or a family can shop for groceries using sustainable methods.

Here's how:



- Make a list of groceries needed for the class trip or for the household
- Take as many cloth/canvas shopping bags and/or baskets you may need to carry all the groceries. If buying snacks or cooked food, take a tiffin carrier or tupperwares from home.
- Carpool to the store and shop!
- Make sure you buy in bulk as less plastic would have been used to pack a large amount of food for instance a bigger bottle of juice instead of small 100 ml bottles
- Try to buy products wrapped in biodegradable and/or recyclable material like cardboard, paper and glass
- Make sure you buy only what you need so that you don't have to throw away uneaten food or unused products
- Pack the groceries into the cloth/canvas shopping bags when paying at the checkout counter

## OPTION

A teacher or head of the household can also do all of the above at a night market or pasar malam and a wet market (though this will require bringing your recycled plastic bags and more reusable tupperwares/containers)

## ASSIGNMENT 2: DEBATE THE GREEN

Here's how:

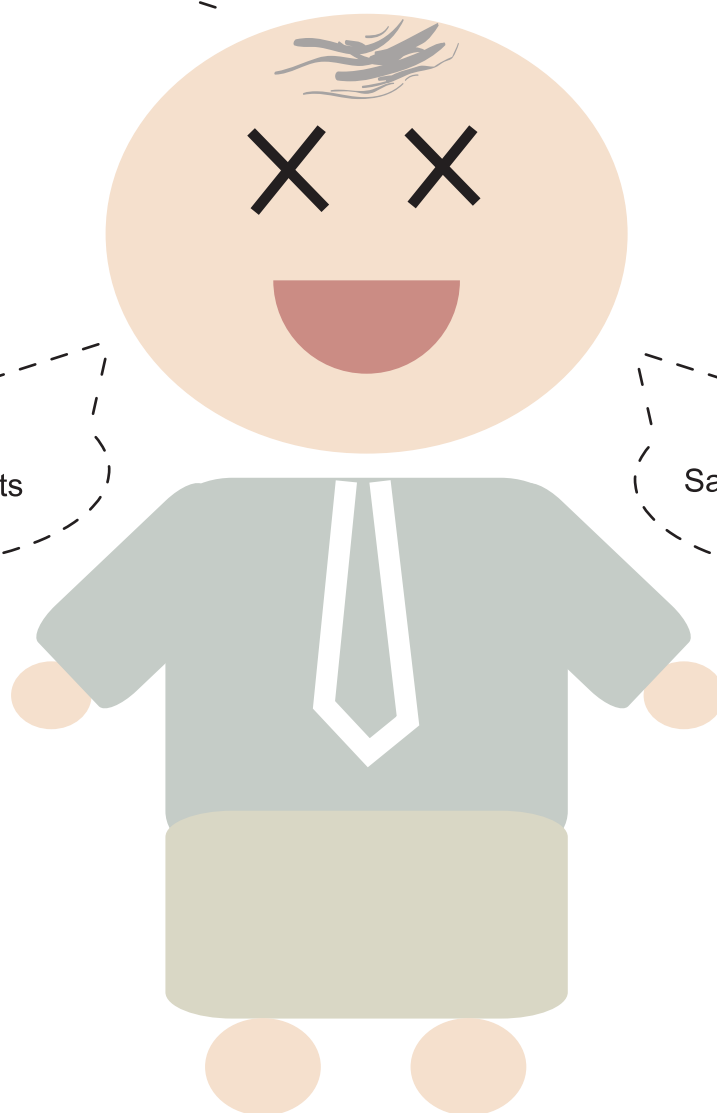
With your teacher organize an interschool debate with the various motions:

Solid Waste  
is a Moral Failure

Recycling is for Wimps!

We Need More  
Landfills not Forests

Save Earth, Save Yourself



## ASSIGNMENT 3: A PICTURE IS WORTH A THOUSAND WORDS

Here's how:

Organise a photo contest at school or with the Residents' Association themed "Waste". Pictures of waste that make the most impact on our conscience wins. A rough guide for this is as follows:

Set up an organizing committee for the photo contest. One good move is to involve your local Parliament and State Reps, the municipal council as well as the Ministry of Housing and Local Government if possible. NGO involvement can be in an advisory and technical role.

Set up a fundraising committee to raise money via sponsorships or personal donations. Prizes for winners in the form of cameras, camera gear or hardware, holiday vouchers and hampers should also be solicited from relevant companies. Companies can also be partners for better media coverage and resources, plus it can be part of their CSR initiatives.

Advertise the contest in newspapers or via e-mails, facebook and other online social platforms. Partner with the media.

Draw up contest rules and regulations and register each participant.

Invite a panel of judges and set a deadline for the last submission.

Announce the contest winners in newspapers, via e-mail and post.

Set a day for the prize giving ceremony in a school or multipurpose hall. Invite press.



source: www.gettyimages.com

### OPTION

*In conjunction with World Earth Day on 22 April or World Environment Day on 5 June, discuss with your teacher on organizing a photo competition at school or in your community. The topic of the competition is EcoBloopers. The contestant with the funniest picture(s) of people throwing rubbish or doing funny things with rubbish wins!*